

Recent Books from Nepal – Feb 2024

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Anthropology / Archaeology

Harigaon Revisited: Chronicle and Outcomes of an Excavation in Kathmandu: Followed by a Study on the Statue from Maligaon, its Restoration and its Inscription / Giovanni Verardi (et al.)

Kathmandu: Vajra Publications Inc. Pvt. Ltd., 2023

x, 150p.

9789937624336

\$ 50.00 / PB

1256gm.

The idea of writing this book stemmed out from the need to rethink an excavation carried out in Kathmandu in years now distant from the people who took part in it and even more distant from the recent history of Nepal. Today the Valley of Kathmandu is a profoundly different place from what it was in the 1980s, and in many ways unrecognisable. The idea of the book, however, is also due to the long-term consequences of the situation created in Italy between 2008 and 2011, the year in which the Istituto Italiano per l’Africa e l’Oriente (IsIAO), sonship of the Istituto Italiano per il Medio ed Estremo Oriente (IsMEO), closed down. The latter had been established in 1933 by Giovanni Gentile and then directed for a long time by Giuseppe Tucci. Both Institutes, as far as field activities in Asia were concerned, were in close relationship with the Museo Nazionale di Arte Orientale, where the documentation of the excavations was deposited, in particular the graphic and photographic material (drawings of all kinds, negatives and prints). In 2016 the Museum left its headquarters in the very central Via Merulana in Rome and was joined to the Museo Nazionale Preistorico Etnografico Luigi Pigorini, merging into the new Museo delle Civiltà, where today the largest part of the documentation of the archaeological undertakings of the past is kept, waiting to be rearranged and made usable.

<https://www.marymartin.com/web?pid=867539>

Art

Socio-Political Dynamics of Nepali Paintings / Yam Prasad Sharma

Nepal: Nepal Academy of Fine Arts, 2021

141p.; ill. 23 cm.

9789937947138
\$ 25.00 / PB
450gm.

Nepali paintings explore the social and political issues of Nepal. The contents of the artworks have been closely related to the context. Artists grow in certain times and spaces. That environment and atmosphere have an impact upon the artist, and the same things have been reflected in their works in one way or other. When we view Nepali paintings throughout history, we can see the influence of contemporary social and political situations. Social convention and political power also determine the exhibition of artworks and the publication of art history and criticism. Traditional Nepali paintings are religious, mystical, symbolic, and didactic. Similar patterns can be found in the then society - gurus, yogis, and priests were at the top of the hierarchy teaching moral lessons, religion guided the society, the focus was on invisible and intangible aspects beyond concrete reality. During the Rana rule, the trend of painting portraits reached a climax, for the Ranas were self-centered and loved their own Image. The Rana rulers were influenced by British India. Similarly, the then Nepali paintings were influenced by western realistic techniques.

<https://www.marymartin.com/web?pid=867383>

A Concise Introduction To Nepali Modern Sculpture / Mukesh Malla; Saroj Bajracharya
Nepal: Nepal Academy of Fine Arts Department of Sculpture, 2014
131p.; ill. 22 cm.
9789937885485
\$ 20.00 / PB
400gm.

Nepali sculpture has come a long way, however a proper book regarding the field is lacking. To overcome this situation, this book entitled 'A concise introduction to Nepali modern sculpture' has been published which I hope will initiate a new. beginning to the research and writing relating to the Nepali sculpture. During the four years of establishment of Nepal Academy of Fine Arts, there have been many art activities but this initiation by the writer duo Mukesh Malla and Saroj Bajracharya to write a research oriented book on Nepali sculpture will I believe act as a catalyst to enhance the art writing and publishing especially in the field of sculpture.

<https://www.marymartin.com/web?pid=867541>

The Life of a Nepali Village Boy / Ambika Mohan Joshee
Nepal: BookArt Nepal, 2021
267p.; ill. 22 cm.
9789937726320
\$ 25.00 / PB
350gm.

<https://www.marymartin.com/web?pid=847605>

Nepali Painting: A Critical Analysis / Yam Prasad Sharma
Nepal: Nepal Academy of Fine Arts Department of Painting, 2014

304p.; ill. 22 cm.
9789937885461
\$ 30.00 / PB
550gm.

We are grateful to Dr. Yam Prasad Sharma, for he seriously conducted research, documented the information and analyzed Nepali paintings critically in this book. The book is significant in a number of ways as a) it captures the major trends of Nepali paintings from Prajnaparmita to the artworks of present time, b) the book not only records the historical information but also interprets and analyzes the artworks, c) it takes representative paintings and critiques them individually in the manner a poem or a story is critiqued; this is the novel practice in the domain of art criticism in Nepal, and d) the book is also the model of systematic research and documentation in the field of Nepali painting.

<https://www.marymartin.com/web?pid=867542>

Udaya Chara Shrestha (M Vol. V) : Solo Exhibition, Nov 18, 2023 – Jan 1, 2024 / Ursula Manandhar (Ed) Sworup Adhikari
Kathmandu: Museum of Nepali Art, 2023
178p.
Includes Bibliography
\$ 70.00/ PB
972gm.

<https://www.marymartin.com/web?pid=867543>

Atlases/Maps

New Political Map of Nepal: Nepal (NEP701): Provinces – Districts – Metropolitan Cities – Municipalities – Rural Municipalities: Comprehensive Infrastructure and Tourism Map
Trekking Map 700 Series – Scale 1: 950,000
Kathmandu: Himalayan MapHouse, 2018
1v.
English & Nepali
9789937918596
\$ 15.00 / PB
76gm.

This PR700 series Nepal Provincial map combines topographic elements, central places and all kind of transport infrastructure such as roads, main trails, local trails, bridges as well as other types of river crossings therefore it represents an ideal base map with many options to be worked out by the map users themselves. Himalayan Map House wants to encourage full utilization of the maps. Hence they are available in all major book stores and the digitized data of elements such as rivers, topographic elements, place names transportation infrastructures are available on request in order to combine them with other data or maps or satellite images. Part of the printed series being kept unfolded and uncut so that easy

overprinting in additional colors allows the creation of another special edition or thematic map, this is possible even on a smaller number of copies for reasonable cost.

With Details:

- 7 Province.
- List of 77 District and It's Headquarters.
- List of 6 Metropolitan Cities, 11 Sub-Metropolitan Cities
- Complete List of 276 Municipalities & 460 Rural Municipalities.

<https://www.marymartin.com/web?pid=867544>

New Political Map of Nepal – Province No 1 (NPR101) 14 Districts – 2 Sub/1 Metropolitan City – 46 Municipalities – 88 Rural Municipalities: Comprehensive Infrastructure and Tourism Map

Province Map 100 Series – Scale 1:475,000

Kathmandu: Himalayan MapHouse, 2019

1v.

English & Nepali

9789937918602

\$ 15.00 / PB

86gm.

This NPR100 Province map series combines topographic elements, central places and all kind of transport infrastructure such as roads, main trails, local trails, bridges as well as other types of river crossings therefore it represents an ideal base map with many options to be worked out by the map users themselves. Himalayan Map House wants to encourage full utilization of the maps. Hence, they are available in all major book stores and the digitized data of elements such as rivers, topographic elements, place names and transportation infrastructures are available on request in order to combine them with other data or maps or satellite images. Part of the printed series being kept unfolded and uncut so that easy overprinting in additional colors allows the creation of another special edition or thematic map, this is possible even on a smaller number of copies for reasonable cost.

<https://www.marymartin.com/web?pid=867545>

New Political Map of Nepal – Province No 2 (NPR102) 8 Districts – 3 Sub/1 Metropolitan City – 72 Municipalities – 60 Rural Municipalities: Comprehensive Infrastructure and Tourism Map

Province Map 100 Series – Scale 1:475,000

Kathmandu: Himalayan MapHouse, 2019

1v.

English & Nepali

9789937918619

\$ 15.00 / PB

86gm.

This NPR100 Province map series combines topographic elements, central places and all kind of transport infrastructure such as roads, main trails, local trails, bridges as well as

other types of river crossings therefore it represents an ideal base map with many options to be worked out by the map users themselves. Himalayan Map House wants to encourage full utilization of the maps. Hence, they are available in all major book stores and the digitized data of elements such as rivers, topographic elements, place names and transportation infrastructures are available on request in order to combine them with other data or maps or satellite images. Part of the printed series being kept unfolded and uncut so that easy overprinting in additional colors allows the creation of another special edition or thematic map, this is possible even on a smaller number of copies for reasonable cost.

<https://www.marymartin.com/web?pid=867546>

New Political Map of Nepal – Province No 3 (NPR103) 13 Districts – 1 Sub/3 Metropolitan City – 41 Municipalities – 74 Rural Municipalities: Comprehensive Infrastructure and Tourism Map

Province Map 100 Series – Scale 1:475,000

Kathmandu: Himalayan MapHouse, 2019

1v.

English & Nepali

9789937918626

\$ 15.00 / PB

86gm.

This NPR100 Province map series combines topographic elements, central places and all kind of transport infrastructure such as roads, main trails, local trails, bridges as well as other types of river crossings therefore it represents an ideal base map with many options to be worked out by the map users themselves. Himalayan Map House wants to encourage full utilization of the maps. Hence, they are available in all major book stores and the digitized data of elements such as rivers, topographic elements, place names and transportation infrastructures are available on request in order to combine them with other data or maps or satellite images. Part of the printed series being kept unfolded and uncut so that easy overprinting in additional colors allows the creation of another special edition or thematic map, this is possible even on a smaller number of copies for reasonable cost.

<https://www.marymartin.com/web?pid=867547>

New Political Map of Nepal – Gandaki Province (NPR104) 11 Districts – 1 Metropolitan City – 26 Municipalities – 58 Rural Municipalities: Comprehensive Infrastructure and Tourism Map

Province Map 100 Series – Scale 1:475,000

Kathmandu: Himalayan MapHouse, 2019

1v.

English & Nepali

9789937918633

\$ 15.00 / PB

86gm.

This NPR100 Province map series combines topographic elements, central places and all kind of transport infrastructure such as roads, main trails, local trails, bridges as well as other types of river crossings therefore it represents an ideal base map with many options to be worked out by the map users themselves. Himalayan Map House wants to encourage full utilization of the maps. Hence, they are available in all major book stores and the digitized data of elements such as rivers, topographic elements, place names and transportation infrastructures are available on request in order to combine them with other data or maps or satellite images. Part of the printed series being kept unfolded and uncut so that easy overprinting in additional colors allows the creation of another special edition or thematic map, this is possible even on a smaller number of copies for reasonable cost.

<https://www.marymartin.com/web?pid=867548>

New Political Map of Nepal – Province No 5 (NPR105) 12 Districts – 4 Sub Metropolitan City – 32 Municipalities – 73 Rural Municipalities: Comprehensive Infrastructure and Tourism Map

Province Map 100 Series – Scale 1:475,000

Kathmandu: Himalayan MapHouse, 2019

1v.

English & Nepali

9789937918640

\$ 15.00 / PB

86gm.

This NPR100 Province map series combines topographic elements, central places and all kind of transport infrastructure such as roads, main trails, local trails, bridges as well as other types of river crossings therefore it represents an ideal base map with many options to be worked out by the map users themselves. Himalayan Map House wants to encourage full utilization of the maps. Hence, they are available in all major book stores and the digitized data of elements such as rivers, topographic elements, place names and transportation infrastructures are available on request in order to combine them with other data or maps or satellite images. Part of the printed series being kept unfolded and uncut so that easy overprinting in additional colors allows the creation of another special edition or thematic map, this is possible even on a smaller number of copies for reasonable cost.

<https://www.marymartin.com/web?pid=867549>

New Political Map of Nepal – Karnali Province (NPR106) 10 Districts – 26 Municipalities – 53 Rural Municipalities: Comprehensive Infrastructure and Tourism Map

Province Map 100 Series – Scale 1:475,000

Kathmandu: Himalayan MapHouse, 2019

1v.

English & Nepali

9789937918657

\$ 15.00 / PB

86gm.

This NPR100 Province map series combines topographic elements, central places and all kind of transport infrastructure such as roads, main trails, local trails, bridges as well as other types of river crossings therefore it represents an ideal base map with many options to be worked out by the map users themselves. Himalayan Map House wants to encourage full utilization of the maps. Hence, they are available in all major book stores and the digitized data of elements such as rivers, topographic elements, place names and transportation infrastructures are available on request in order to combine them with other data or maps or satellite images. Part of the printed series being kept unfolded and uncut so that easy overprinting in additional colors allows the creation of another special edition or thematic map, this is possible even on a smaller number of copies for reasonable cost.

<https://www.marymartin.com/web?pid=867550>

New Political Map of Nepal – Sudurpashchim Province (NPR107) 9 Districts – 1 Sub Metropolitan City – 33 Municipalities – 54 Rural Municipalities: Comprehensive Infrastructure and Tourism Map
Province Map 100 Series – Scale 1:475,000
Kathmandu: Himalayan MapHouse, 2019

1v.

English & Nepali

9789937918664

\$ 15.00 / PB

86gm.

This NPR100 Province map series combines topographic elements, central places and all kind of transport infrastructure such as roads, main trails, local trails, bridges as well as other types of river crossings therefore it represents an ideal base map with many options to be worked out by the map users themselves. Himalayan Map House wants to encourage full utilization of the maps. Hence, they are available in all major book stores and the digitized data of elements such as rivers, topographic elements, place names and transportation infrastructures are available on request in order to combine them with other data or maps or satellite images. Part of the printed series being kept unfolded and uncut so that easy overprinting in additional colors allows the creation of another special edition or thematic map, this is possible even on a smaller number of copies for reasonable cost.

<https://www.marymartin.com/web?pid=867551>

Biography/Memoirs

Mero Sapna (My Dream): The Life and Work of Nepalese Architect Ranjan Singh Shah / Shristi Shah & Ranjan Singh Shah

Nepal: Ranjan Singh Shah (Self-Published), 2023

\$ 50.00/ HB

740gm.

In his autobiographical book 'My Dream', Shah has written about how his childhood dream of becoming an architect engineer came true and how future generations can also make Nepal's architecture known and preserved in the world.

<https://www.marymartin.com/web?pid=867552>

The Ironman: An Insightful Analysis / Ghanendra Purush Dhakal

Nepal: Ganeshman Singh Foundation, 2023

408p.; 22 m.

9789937134965

\$ 25.00 / PB

450gm.

<https://www.marymartin.com/web?pid=867553>

The Life and Work of Auleshi: Sherpa Buddhist Artist and Adept / Ngawang Tengye, Hugh

R. Downs & Matthew T. Kapstein (Translator) Tib Shelf

Kathmandu: Vajra Publications Inc. Pvt. Ltd., 2024

xii, 186p.

English & Nepali Languages

9789937624350

\$ 18.00 / PB

368gm.

The Sherpa Buddhist monk Ngawang Leksh. (1913– 1983), familiarly known as Auleshi—a name that might be approximated as “Uncle Benedict” in English—occupies a unique place in the history of Buddhism in twentieth century Nepal. At once an accomplished artist and a yogi living always in retreat, he eschewed the trappings of a “Buddhist master” but taught instead through his art and, above all, his personal example. In this, he embodied the ideal of transmitting the Dharma without teaching a word. As we honor the hundred-and-tenth anniversary of his birth, and fortieth since his death, with those who knew him now, few, it seems appropriate to make available to all what may be recalled of his life and work.

<https://www.marymartin.com/web?pid=867554>

Economics

Is Nepalese Prosperity A Delusion? / Kamal Raj Dhungel

Nepal: Meena, Nira, Shaili & Preeti Dhungel (Self-Published), 2024

328p.

9789937160834

\$ 25.00 / PB

354gm.

<https://www.marymartin.com/web?pid=867555>

Foreign Engagements In Nepal and Nepal-China Cross Border Relations / Vijay Kant Karna,

Arpan Gelal (ed)

Nepal: Centre for Social Inclusion and Federalism, 2022

131p., 22 cm.
9789937126915
CESIF Research Series
\$ 20.00 / PB
300gm.

The research studies included in this series were carried out in Nepal's seven provinces during September 2021-August 2022 by a group of researchers from CESIF in collaboration with the local consultants in various districts. The CESIF researchers extensively engaged and interviewed a large number of experts at Nepal's federal capital, Kathmandu and in various provinces and districts including the federal and provincial ministers, politicians, members of parliament, bureaucrats, thematic experts and opinion leaders, border experts, security forces, local governments, businessmen, academicians, civil society, customs and immigration officers, border side communities and representatives of other government agencies engaged in dealing with foreign investors among others.

<https://www.marymartin.com/web?pid=860852>

History

Kranti and the Coup: A Personal History, 1945-1963 / Khagendra Bahadur K.C.
(Translator) Prawin Adhikari
Lalitpur: Quixote's Cove Pvt. Ltd., 2023
304p.
9789937962315
\$ 30.00 / PB
270gm.

A king conspires to dynamite an entire dynasty of his relatives during a movie show in his garden. A worldly patriarch leaves repeated warnings for his sons who promptly forget them, leading to their downfall as a dynasty. A student rises from crushing poverty to challenge a tyrant and a king, and changes forever the fortunes of his fellow citizens. Minor characters unstick themselves from the busy tapestry of history to take center stage and write the destiny of millions, while a few bewildered men feel the weight of their inherited crowns dissipate to the ravages of a changing world.

Khagendra Bahadur K.C. weaves together a gripping tale from an impossibly privileged vantage, sometimes present in the room where unprecedented transference of political power was taking place. Equally entertaining and informative, Kranti and the Coup brings to life a part of Nepali near history hitherto unfamiliar to most valets.

<https://www.marymartin.com/web?pid=867556>

Indian Diplomacy in Nepal / M.D. Dharamdasani
Kathmandu: Bookhill Publication Pvt. Ltd., 2023
288p.
Includes Index; Select Bibliography
9789937753166

\$ 30.00 / PB
234gm.

After 1950, India not only played a role in the drafting of the Interim Constitution of Nepal, but also visibly appeared in the politics of Nepal entirely. The then Indian Prime Minister Jawaharlal Nehru claimed in parliament that India has a border up to the Himalayas. The security advisers advised building a check-post on the northern border of Nepal. The Nepal policy is also directing the India- Nepal relations which were formulated for their construction and operation. Numerous books were written on Nepal-India relations then, but one of the authentic books on vivid Indian-Nepal relations is Indian Diplomacy in Nepal by M.D. Dharamdasani.

This book sheds light on the essence and form of India's policies during the fluid democratic practice of Nepal in the 1950s and the new authoritarian regime established in the 1960s. Most importantly, this book covers political, ideological, geographical, cultural, historical and economic dimensions.

<https://www.marymartin.com/web?pid=867557>

Essays on Culture and History of Bhaktapur : The Capital of the Malla Nepal

Mandala/Sudarshan Raj Tiwari

Nepal : Rich Publishers,Patan, Nepal 2023

202p. Include Index.

9789937143486

\$ 55.00 / PB

750 gm.

This book seeks to present the larger story of historical and cultural evolution of the town, the palace and the public places seeking to reveal the physical and social context of their development, planning and architecture through a peek at the times and personalities of history, which have been critical in shaping them.

<https://www.marymartin.com/web?pid=860803>

Spiti: The Gigantic Valley of Many-Hued Strata: Archaeological and Historical Research in the Western Himalaya - In 2vols./ Yannick Laurent

Nepal: Vajra Books, Nepal 2023

2v.

(Vol.1): 9789937733335; (Vol.2): 9789937733328

USD: 125.00 (Set) / HB

4000 gm.

This groundbreaking study focuses on the premodern capital of the Spiti Valley, Dangkar, “perched on its crag, overlooking the gigantic valley of many-hued strata” in the words of Rudyard Kipling. From its incorporation into the Tibetan Empire in the 7th century until its annexation by British India in 1846, the Spiti Valley occupied a peripheral yet significant position on the map of South Asia. During this time, the Dangkar settlement emerged as the political centre of this border valley. Yannick Laurent draws on extensive fieldwork and historical archives to re-examine the constitutive elements of this site from its territory to

its religious and political institutions. Over time, the Dangkhari settlement came to be referred to as 'royal seat' or 'capital' (rgyal sa) of Spiti. Sitting astride some of the most important trade and communication routes of the Western Himalayas, the Spiti Valley played a major role in the diffusion of ideas and the transfer of goods within the Indo-Tibetan border regions. In tracing both local and trans-regional patterns of continuity and change, this study contributes to refining a periodisation scheme which illuminates the various political, religious, and economic interactions which have shaped the history of the Western Himalayas. Laurent's investigation into the imperilled cultural heritage site of Dangkhari lays the foundations for the most detailed historical overview of Spiti to date.

<https://www.marymartin.com/web?pid=860799>

Linguistics

Nepali in Context: A Tropical Approach to Learning Nepal (With DVD) / Daniel P. Watters & Narendra B. Rajbhandari

Updated Edition

Kathmandu: Ekta Books, 2018

9789937106085

492p.

English & Nepali

Includes Bibliography

\$ 30.00 / PB

802gm.

Features:

- * Useful or common topics encountered in everyday life.
- * Frequent and current vocabulary (roughly 1,200 words)
- * Useful phrases that are basic, yet practical.
- * Creative texts that illustrate grammar and vocabulary usage.
- * Clear and concise grammar explanations...etc.

<https://www.marymartin.com/web?pid=867558>

Basic Course in Spoken Nepali / Tika B. Karki & Chij K. Shrestha

Nepal: Tika B. Karki & Chij K. Shrestha (Self-Published), 2014

312p.

\$ 20.00 / PB

462gm.

The book contains forty lessons. It supplements each lesson with grammar notes and explanations of the usage of different language items that may cause confusion for the learners. Each lesson also includes a list of new words with their English equivalents and conjugation of verbs whenever necessary. The first fifteen lessons are written in Roman Script. It also includes the English translation of the new structures alongside the Romanized Nepali. This is done with those language learners in mind who may try to learn the language on their own. These people will find the introduction to the Nepali sounds and

pronunciation practice chart at the beginning of the book and an extensive vocabulary list arranged under different topical headings at the end very useful in their attempt at self-learning.

<https://www.marymartin.com/web?pid=867559>

A Course in Nepali / David Matthews

Second Edition

Kathmandu: Ratna Pustak Bhandar (for Heritage Publishers), 1992 (Reprinted 1997)

352p.

English & Nepali

8170261880

\$ 20.00 / PB

394gm.

Nepali has also been adopted by peoples of the Himalayan region who belong to different linguistic groups, and is now understood throughout the whole of Nepal, the Darjeeling region of West Bengal, Sikkim, Bhutan and parts of Tibet, where it has functioned as a language of trade and commerce for well over two centuries. The aim of this course, which covers the whole grammar and all the constructions of modern Nepali, is to present a full description of both the spoken and written forms of modern standard Nepali, and to enable the student to understand, speak and read most types of Nepali he or she is likely to encounter. The earlier lessons concentrate mainly on the spoken style, and the conversation passages whilst the later lessons concern religious, political and literary topics. Nepal is a land which already provides great enjoyment to the increasing number of visitors from the west. A knowledge of the language leads to a deeper understanding of the culture of its people, and the object of A Course in Nepali is to provide the means of learning it without much difficulty. Earlier editions of this course have been the standard book for students at the School of Oriental and African Studies, and it is without question the established market leader.

<https://www.marymartin.com/web?pid=867560>

हाँसदा हाँसदै भाषा सिकौँ नेपाली हास्य कथासङ्ग्रह र अङ्ग्रेजी अनुवाद - Learning Language Through Laughter (Nepali

Humorous Short Stories) / Matthew J. Eynon

Kathmandu: Nepal-Nippon Research Centre, 2012

xiv, 244p.

English & Nepali

\$ 20.00 / PB

326gm.

Learning Language Through Laughter provides a unique and enjoyable approach to the study of Nepali language and is based upon two premises. The first is that language acquisition should be fun and stressless which is conducive to a natural and expedient learning environment. As noted scholar Professor Panday indicates in the Preface, laughter is a medicine that provides benefits for our health and as such the mastery of jokes and comedy unconsciously helps to increase one's language ability. Secondly, the humorous

stories contained within provide mini situational dialogues-dialogues that because of their humorous or odd situations, lend themselves to easy memorization of vocabulary words and the situations when those words are used. Jokes are short situational stories that all of us have learned and memorized effortlessly and naturally in our childhoods. The same principal is applied here with the ultimate aim of learning jokes in the target language of Nepali. As an added benefit, humour is said to be culture specific, thus the jokes also provide a unique window into the lighter side of Nepali culture.

<https://www.marymartin.com/web?pid=867561>

An Introduction to Basic Nepali Language with Nepali Script (With CD) / Sushila Shrestha
Nepal: Sushila Shrestha (Self-Published), 2017

New Edition

176p.

English & Nepali

9994631969; 9789994631964

\$ 40.00 / PB

234gm.

This textbook includes audio CD with all phrases and words used in the book and is a guidebook to help learners understand and learn Nepali language in a short period of time. This course is divided into four The first part contains Nepali Phrases which are also on the CD. The second part contains the grammar section. The third and fourth part contain Nepali Script and introduction to Nepali Culture sections respectively. This course is designed to fulfill the immediate need of the Nepali language learners.

<https://www.marymartin.com/web?pid=867562>

Literature

Radha: Wrath of the Maeju / Rishi Amatya

Lalitpur: Safu (Quixote's Cove Pvt. Ltd.), 2023

268p.

9789937962308

\$ 25.00 / PB

198gm.

All Radha wanted was a quiet Saturday in Patan Durbar Square with her brother and uncle. But an earthquake brings her dreams crashing to the ground - along with Patan's temples and palaces - and unleashes forces that threaten everyone she loves. As the armies of darkness await at the border between the worlds, Radha must find the strength and resolve to do everything it takes to restore the balance. An adventure unlike any before, Radha is the story of a young girl who must overcome her own doubts before she can know what it means to be a god.

<https://www.marymartin.com/web?pid=867563>

Politics/Current Affairs

Nepal's Federal Conundrum: Negotiating a Strong Federal System on Weak Democratic Foundations / (Ed) Seira Tamang
Kathmandu: Martin Chautari, 2023
x, 358p.
9789937594332
\$ 30.00 / PB
410gm.

Nepal's Federal Conundrum: Negotiating a Strong Federal System on Weak Democratic Foundations seeks to examine how the federalization process has been unfolding since the promulgation of the new constitution in 2015. Historically contextualized around democratic institutions and spaces, the articles in this edited volume focus on frameworks that have contoured institutions and processes. They also discuss the intricacies of the everyday practices with which federalized governance is being realized. The deep analyses make clear that the post-2015 period has been one of active negotiations of authority between old and new state institutions as well as citizens and groups. The writings also reveal the manner in which new political institutions, spaces and actors at the different levels are contoured by memories and practices of previous government institutions and relations, as well as by patronage relations, conflict, communal relations, impunity and structured inequalities.

<https://www.marymartin.com/web?pid=867564>

The Left Debate In Nepal: A Nepalese Discourse on Left Ideology, State Restructuring, Development Policies and Programmes / Ghanashyam Bhusal, Yogendra Shahi (ed)
Nepal: Centre for Nepal Studies, 2013
282p.; 22 cm.
9789937276023
\$ 30.00 / PB
450gm.

<https://www.marymartin.com/web?pid=867565>

Religion - Buddhism

Buddhism in Tibet and the Himalayas: Texts and Traditions: Second Volume/ Franz-Karl Ehrhard
Nepal: Lumbini International Research Institute, Nepal 2023
viii, 852p. Includes Index; Bibliography
9789937143516
\$ 101.00 / PB
1900 gm.

The present volume is a follow-up to an earlier one and contains conference presentations and independent articles written and published in the years 2000 to 2021. They are

grouped once again into nine sections corresponding to different areas of interest of project-related research, all having to do with Buddhism in Tibet and the Himalayas. I have kept the subtitle. Texts and Traditions, as the dominant theme, as the essays are once more based on the reading, editing, and evaluating of the rich historical and literary sources of Buddhist traditions transmitted in these regions. As in the previous volume, changes and additions have only been made in order to correct obvious mistakes and update bibliographic references. The tradition of Tibetan Medicine is presented in the first section through depictions of the cycle of spiritual and ritual practices associated with its founding father and through attention to two later medical experts and their writings as historical sources. The articles in Rulers and Preceptors grew out of two conferences devoted to "The Relationship between Religion and State (chos srid ang brel) in Traditional Tibet" and "Secular Law and Order in the Tibetan Highland;" this section includes, among others, a contribution to a conference on historiography and hagiography in the religious history of Asia and an article on a master associated with the Buddhist institutions of Bhutan. Bhutan, known as the "Dragon Land" ('brug yul), and present-day Sikkim, the "Rice Country" ('bras mo ljongs), are among the Himalayan Valleys visited by Tibetan teachers, some of whom settled and established lineages there. The first two articles in Treasure Discoverers and Their Traditions show how one particular tradition made its way to Bhutan and how the "Hidden Land" (sbas yul) of Sikkim became the home of treasure teachings. This is supplemented by a chapter on a treasure discoverer who was active in Central Tibet and counted important religious hierarchs among his lineage-holders.

<https://www.marymartin.com/web?pid=860854>

Drenpa's Proclamation: The Rise and Decline of the Bon Religion in Tibet / Per Kvaerne & Dan Martin

Nepal: Vajra Books, Nepal 2023

xiv, 658p. Includes Index

9789937733304

\$ 65.00 / HB

1200 gm.

Drenpa's Proclamation, dating from the 11th century C.E., is the earliest known coherent account, told from the perspective of the Bon religion, of how and why it came to pass that Buddhism was introduced into Tibet during the Tibetan Empire (a period that ended in 842 C.E.). Bon emerged in the 10th-11th century C.E. in Central Tibet, in the context of the 'Later Propagation' of Buddhism in Tibet in the same period, but was viewed by its adherents as distinct from Buddhism and as having flourished in Tibet for centuries before the advent of Buddhism. Drenpa's Proclamation is here translated in its entirety for the first time. It contains unique insight into how Tibetans in the 12th century envisaged the religion of their ancestors, and a wealth of information about cosmological, mythological, and ritual topics.

<https://www.marymartin.com/web?pid=851804>

Sociology

Violence Against: Women and Girls – Review of Interventions

Nepal: Shtrii Shakti, 2019

105p.; 23 cm.

\$ 30.00 / PB

400gm.

<https://www.marymartin.com/web?pid=867566>

A Nation For Refugees / Tim I. Gurung

Nepal: Sangri-La Media Group Pvt. Ltd., 2022

231p.; 22 cm.

9789937775359

\$ 25.00 / Pb

250gm.

Nata had only one goal in life, to help refugees. He joined the local NGO after graduation and was ecstatic when he got the chance of going to a foreign trip. His euphoria quickly turned to despair, however, when he found himself clashing with the management of the NGO and he was forced out of the job he loved. In order to eke out a living, he started a makeshift cafe in his front yard with his pet cat, Zulu, and started a daily blog while waiting for the business to pick up. Then, one day, Sarah, his former colleague from the NGO office and an old love, suddenly appeared on the scene and everything changed for Nata.

<https://www.marymartin.com/web?pid=867567>
